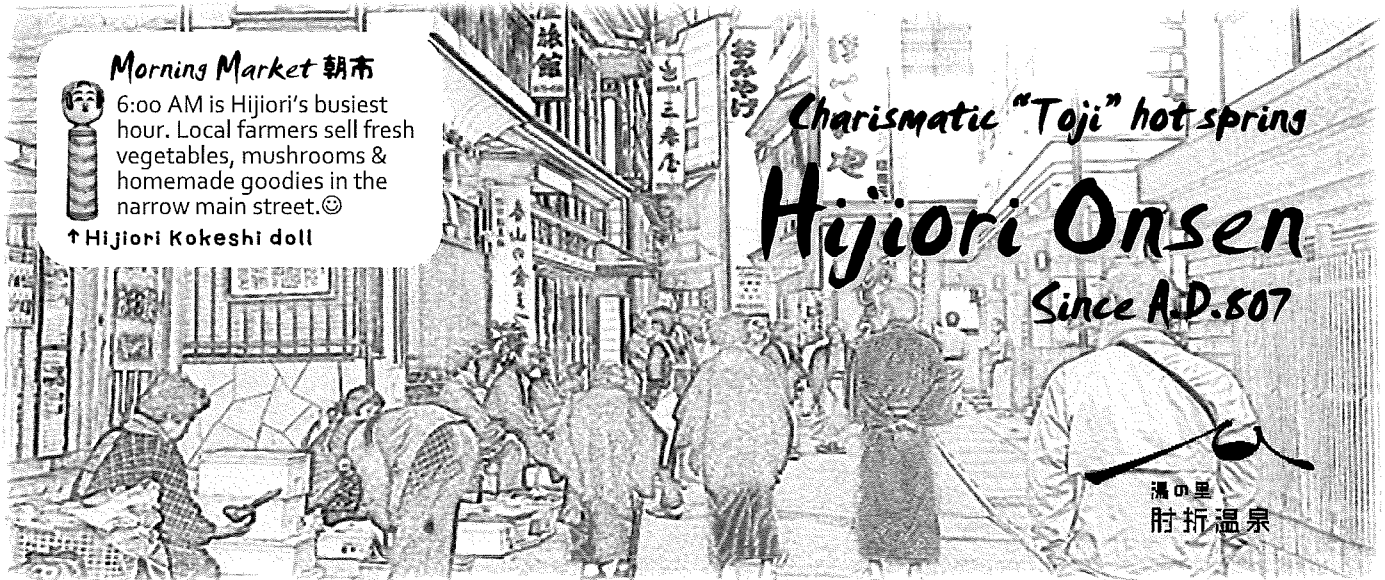


Morning Market 朝市



6:00 AM is Hijiori's busiest hour. Local farmers sell fresh vegetables, mushrooms & homemade goodies in the narrow main street. ☺

↑ Hijiori Kokeshi doll

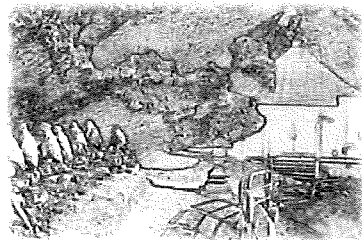


Charismatic "Toji" hot spring

Hijiori Onsen

Since A.D. 807

湯の里
肘折温泉

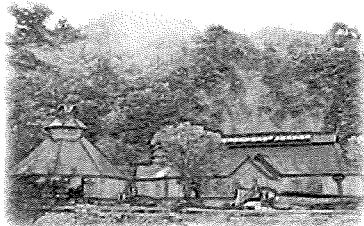
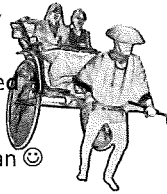


Jizogura 地藏倉

45min gorgeous hike from Hijiori Center, a small temple stands on a steep cliff. It's believed that Jizogura was the dwelling of a monk who found Hijiori onsen 1,200 years ago.

Rickshaw 人力車

Take a guided tour on rickshaw with Sato-san ☺ (JP only)



Caldera-kan カルデラ館

Famous for drinkable naturally carbonated cold spring. This public bath is located in "Kogane Onsen", a charming community 15min walk from Hijiori Center.

Foot bath 足湯

Soak your feet in 5 unique foot bathes "ashiyu" in town.



Kokeshi 肘折こけし

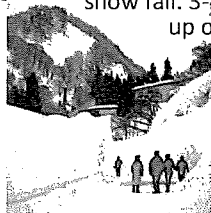
These simple wooden dolls attract many collectors.

Hijiori's only craftsman, Suzuki-san, has won many national competitions.



Snow Snow SNOW

Hijiori is famous for heavy snow fall. 3-4m of snow pile up on the ground every winter.. In February, we host super fun "Snow Digging World Cup"!



Hijiori Onsen, a small hot spring town nestled in a caldera at the foot of Mt. Gassan is well known for "Toji".

"Toji", indicate a long term stay in a hot spring town with the purpose of recuperating body.

Though it is a fading out custom, Hijiori's highly therapeutic onsen and welcoming atmosphere makes it one of the few remaining Toji towns in Japan.

It is a unique getaway you've always wished to discover.



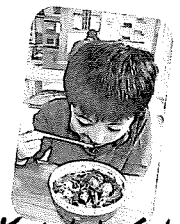
! bon appetit !



Haga Dango

羽賀だんご店

Sweet dumplings are Hijiori's specialty! Try famous green bean dango!



Kotobuki Soba

そば処寿屋

Popular restaurant that attracts Soba fans from far off places. Try cold chicken soba ☺



Local Sake 地酒

Try Sake made in "Koya-shuzo" the oldest brewery in Tohoku area. Brewery is in Shimizu area, 30min drive from Hijiori.

Hijiori's hot spring is good for...

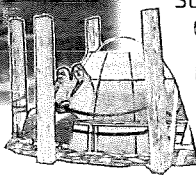
- *Cuts & Burns
- *Chronic Skin Disease
- *Chronic Gynecological Disease
- *Rheumatism
- *Hemorrhoid etc



Gensen Park 源泉公園

Hijiori Dam in Gensen Park on the South end of town is a registered cultural property. A hand-made foot bath right by the dam is a perfect place to lay back.

Check out the little windows of mountain shaped stone figure, representing Mt. Gassan. You can see hot spring naturally gushing out ☺



How to get there

★Tokyo ↔ Shinjo★

JR Yamagata Shinkansen "Tsubasa Super Express".
<Duration> 3hrs 40min
<Price> 12,870yen (one way)

★Sendai ↔ Shinjo

"Tokkyu 48 Liner" highway bus
<Duration> 2hrs 30min
<Price> 2,000yen (one way)

★Shinjo ↔ Hijiori**

"Okura village bus"
<Duration> 60min
<Price> 600yen (one way)

*SHINJO (Yamagata pref.) is the nearest big city to Hijiori.
**Pick up might be available from your Inn.

